



The Baronial Shaft

The Official Newsletter of the Barony of al-Barran

AUGUST 2007 | AS XLII



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Calendar of Events

AUGUST

17-19 CLANN WARS *Nabrun Kabiriin*
 24-27 HERE THERE BE DRAGONS *Plattefordham*

SEPTEMBER

Aug 31 - Sep 3 WARDERS OF THE WESTERN GATE *Fontaine dans Sable*
 Aug 31 - Sep 3 3 STAGS AUTUMN BATTLE & FAIRE *Caerthe*
 8—9 CROWN TOURNEY *Dragonsspine*
 22 PAS D' ARMES III *Readstan*

⚔ attendance by His Excellency ❖ attendance by Her Excellency ○ attendance by Their Excellencies

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Publication Information

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BARONIAL COURT

Sir Gregor
von Münchhausen
Baron

Lady Monika
the Fair
Baroness



Baron's Champion: Lord Alrik Boleslavsson

Captain of the Guard: Lord Dermod of Killarney

Lieutenant: Lord Eiríkr geirsbrjotr

Guardsmen: Lord Kassar, Lord Kaz, Lord Gwydion, Scivaldi, Bardolf

Captain of the Condotierri: Lady Natasha Mcchislava

Lieutenant of the Condotierri: Lord Cuinn McEwin

Condotierri: Lord Traithgren, Lady Saelomon, Lord Marcel

Chamberlaine: Lady Elanor Dreamweaver

Ladies-in-Waiting: THL Kathws Rusa, THL Aigiarn Aljin, Lady Ariel Nashon bat

Malachi, Lady Cristin O'Mearan, Lady Kira McDuff von Lyon, Lady Ia, Lady

Solveig Hakonsdottir, Ailish Ni Tailluir, Alanna, Bevin

Handmaidens: Squirrel McQuillin, Hannah, Jennifer, Murmary

Sheriff: Lord Bjorn Thunarvin

Master Swordsman: Lord Dreyfus Kravyn MacKillin

Premiere Blade: Lord Michael M'Quillane

Lord of Outlandish:
Lord Alrik Boleslavsson

Lady of May:
Lady Astridr Halfdanardottir

Outlandish Blade: Lord Óengus mac Conchobhair

Flower of Chivalry: Don Charles Robert Blackstone

Rapier Flower of Chivalry: Don Govanen Blackwell

Bard of al-Barran: Sheik Omar Mohammud Mirzazadch

Protector of the Baroness's Heart: Lord Traithgren McCormick

Champion Archer: Sir Stefan of the Wanderers

Baronial Arts and Science Champion: Uasal Óengus au Faeláin

From the Baron and Baroness

Greetings unto the grand populous of al-Barran!

We hope this missive finds you well. Our summer so far has been full. Upon this writing, Baronial Champions is scheduled, however, we are still in search of a location to hold it. We are having a hard time getting a hold of the forest service regarding the site. Stay tuned, we WILL have Champions.

A special Thank You goes to the Barony of al-Barran for all of the support given to the event held in honor of Baron Patrick. The heart felt support was overwhelming. Thank you to Scott for autocratting this event as well.

Please help Us support our neighbors at Clann Wars and Warders of the Western Gate. Both of these events are to be held at beautiful sites. They are both near al-Barran and both promise to hold great fun, fighting and revelry. Please travel with us and help show the world the might of al-Barran.

Just as a reminder, when camping, try to be considerate of your neighbors. Loud revelry has its time and place as does bardic and all other things Medieval. The next several months are filled with a variety of very exciting events. Please remember to travel safe, camp safe and party safe.

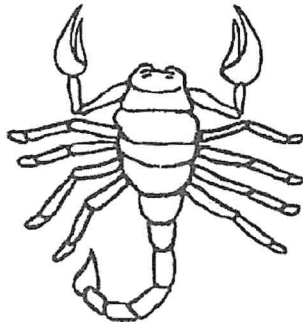
In Service to Mighty al-Barran,

Gregor

BARON

Monika

BARONESS



From the Deputy Rapier Marshal

Greetings to al-Barran's fighting community from your local friendly rapier marshal late!

This summer has seen more than a few tremendous tournaments, with more on the way! Keep the season fun for everyone by remembering safety before you have that fun; check your equipment, share tips with your comrades (and gear, if possible).

Speaking of comrades, we have quite a few new fighters this summer, and lots of curious spectators. Never be shy about sharing you passion with others, or the lessons you've learned with those who might benefit from them.

Many of our new fighters are now authorized. That means that now is a great opportunity to train as a field marshal if you haven't already. Our heavy comrades always need field marshals, too. Speak to any of the marshal late staff on your favorite field.

Everyone is encouraged to continue training with epee, in order to keep our accuracy on par. Point control, point control, point control...

For questions, suggestions, requests, or any other such, please contact Lord JT Whoreschum, BRM, or Lady Saeloman, Deputy BRM.

Yours in Service,
Lady Saeloman of Erlinstar



From the Chronicler

Unto the populace of al-Barran does Kymma Godric send joyful greetings!

I wanted to take the time to thank the people who have been contributing to the Shaft lately. Lord Seoan Ceallachan has written some very informative articles about chirurgery in the last few months. Lady Lyneya contributed a fine introduction to archery, Don Santiago produced some beautiful cover art last month, and in this month's issue, Lord Brennainn teaches us how to make a shield basket (page 14-15). These are the kinds of things I really like to see in the Shaft and I hope that their contributions will inspire others to step forward and share with the rest of the barony. It doesn't have to be an article; you can submit artwork, poetry, a story, or an event report (among other things). If you need more information, please contact me at chronicler@al-barran.org or 270-8886.

The deadline for submissions for the September issue of the Shaft is August 24.

Serving al-Barran,
Lady Kymma Godric

From the Armour Hospitaller

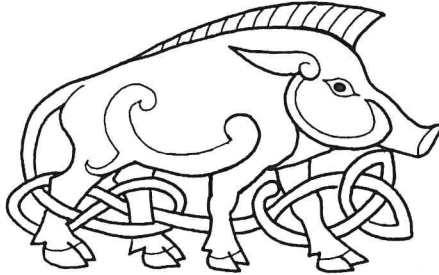
Hello,

As you may be aware the Barony of Al Barran has an office called the Armour Hospitaller. The purpose of the office is to help people who show interest in Heavy combat to suit up without too many issues. We are also putting together several loaner suits to let people fight at the park.

I am writing to you today to ask if you might have any spare armour bits to donate to this office. These bits would go towards the suits we are trying to put together (we have a little less than one suit now). Also, we could use any old rattan that may be a bit too mushy.

Finally, I have written a short article on making a simple shield basket from some plastic and a bolt (see page 14). I want to try and write, or have someone write, a simple armouring article every issue. We will see how that goes.

Thanks very much,
Lord Brennainn MacDuffie



Court Dancing

Court Dance practices at fighter practice, will be August 19 and 26 at Bataan Park, from 12:00 to 2:00pm. Everyone, age 7 and up are welcome at our court dance practices. Bataan Park is at the NW corner of Lomas and Carlisle. For more information concerning court dancing in al-Barran, please contact Lady Jayne at 293-7453 or krege@aps.edu or join the al-Barran Music and Court Dance discussion list by going to http://groups.yahoo.com/group/alBarranMusic_Dance/. This free yahoo discussion list will give you the latest information concerning dance practices and Scorpion Scales music practices in al-Barran.

Yours in service to the dream,
Lady Jayne Barber

Pack Games

College of Blaiddwyn
Sunday, August 26, 2007

Duck Pond, University of New Mexico
Albuquerque, NM

Site opens at 9:30 AM and closes at 3:30 PM
Site is Dry

Please join the College of Blaiddwyn for our annual Pack Games at the University of New Mexico. We will have tournaments (both heavy and light), A&S activities, and a bardic competition.

The event is free and a donation lunch will be provided.

We hope to see you there!

Directions: Take your best route to Lomas and University. Go east on Lomas to Yale (first traffic light), and south on Yale to the Duck Pond.

Autocrat: Scot McKendrick (Scott Hughes), shughes600@yahoo.com, 332-8515



This Month in Medieval History

1173 - Construction of the Tower of Pisa begins, and it takes two centuries to complete.

1220 - Sweden was defeated by Estonian tribes in the Battle of Lihula.

1265 - Second Barons' War: Battle of Evesham - The army of Prince Edward (future Edward I of England) defeated the forces of rebellious barons led by Simon de Montfort, 6th Earl of Leicester; killing de Montfort and many of his allies.

1291 - The Swiss Confederation is formed with the signature of the Federal Charter.

1305 - William Wallace, who led Scottish resistance to England, is captured by the English near Glasgow and transported to London for trial and execution.

1323 - Treaty of Nöteborg - Sweden and Novgorod (Russia) regulates the border for the first time.

1461 - Edward IV is crowned king of England.

1483 - Opening of the Sistine Chapel

1485 - The Battle of Bosworth Field decisively ends the Wars of the Roses.

1519 - Ferdinand Magellan's five ships set sail from Seville to circumnavigate the globe.

Regular Activities

Citizens Meeting 3rd Tuesday of every month, 6:30 pm at The Manzano Mesa Multigenerational Center at 501 Elizabeth St SE, Albuquerque, NM. *Directions:* Take I-40 to the Eubank Blvd exit. Turn South onto Eubank. Continue on Eubank past Central and turn left onto Southern Ave. The Manzano Mesa Multigenerational Center is at the corner of Southern and Elizabeth, parking is on the back side. *Contact:* THL Y, 265-0161.

Fighter Practice Sundays, 11 am to 4 pm, at Bataan Park; the park is on the north side of Lomas just west of the Lomas & Carlisle intersection. *Contact:* THL Chinua, 220-3136.

Rapier Practice Sunday afternoons at Bataan Park; the park is on the north side of Lomas just west of the Lomas & Carlisle intersection. *Contact:* Lady Elisabeau, 891-4555.

Westside Fighter Practice First and third Saturdays from 11am to 1pm and Tuesdays from 6pm to 8pm at Snead Park in Rio Rancho. *Directions:* Take Paseo Del Norte west to Golf Course. Go north on Golf Course to Southern and turn left. Turn right on Nicklaus and go 2 blocks to Casper. Turn left on Casper and go 2 blocks to Snead Loop. The park is half way down on the left. *Contact:* Sir Chinua (knightmarshal@al-barran.org) or Aimara Baratzuri (aheartgule@gmail.com).

Archery Practice Archery Practice: Held on every Saturday of each month, at 10 am. Wednesday night practices beginning at 6:30 pm are held every other week. Saturday practice range is at Sir Tore's land in the east mountains. Wednesday practice range is at Sir Stefan's home in town. *Contact:* Lady Lyneya del Filde for directions and additional information by email at archery@al-barran.org.

Blaiddwyn Fighter Practice Held on Wednesdays starting at 7:00 pm. Fighter practice is held in front of Carlisle Gym. *Directions:* Go west from Redondo and Yale and turn right into the first parking lot, traverse the length of the parking lot and to the right: go up between Northup hall and Carlisle Gym. Fighter practice will be on the left. Please note: According to the UNM Parking website they will be enforcing parking regulations until 8 pm. *Contact:* Josh, the Blaiddwyn Knight Marshal, by email at kobbie44d@msn.com.

Newcomers Household Meeting will be on 8/14 at 2830 Florida NE at 6:30pm. These are informal meetings to discuss/learn about various subjects such as preparing for a camping event, the meaning of honor, how to make a T-tunic, protocol, etc. A newcomer is being defined as a member for less than 2 years, but all are welcome. *Contact* THL Christopher Blackwood at 872-2994.

Weaving Knowledge Exchange & Workshops Third Friday of every month at 7 pm at Lady Monika's house. *Contact:* Lady Monika at 323-5569 for more information and directions.

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AUGUST

Sunday	Monday	Tuesday	Wednesday
			Fight - Scribes
5 - Fighter Practice	6 - Blaiddwyn Court Dance - Bellydancing	7 - Westside Fighter Practice	- Fight - Scribes
12 -Fighter Practice	13 - Blaiddwyn Belly- dance - Bellydancing - Gammer Gurton's Needle	14 - Newcomers' Meeting - Westside Fighter Practice	- Fight - Scribes
19 - Fighter Practice - Court Dance Practice	20 - Blaiddwyn Court Dance - Bellydancing	21 - Citizens' Meeting - Westside Fighter Practice	- Fight - Scribes
26 - Court Dance Practice PACK GAMES	27 - Blaiddwyn Belly- dance - Bellydancing	28 - Westside Fighter Practice	- Fight - Scribes

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Monday	Thursday	Friday	Saturday
1 Blaidwyn ter Practice ' Workshop	2	3	4 - Archery - Westside Fighter Practice
8 Blaidwyn ter Practice ' Workshop	9	10	11 - Archery
15 Blaidwyn ter Practice ' Workshop	16	17 - Weaving Workshop	18 - Archery - Westside Fighter Practice
22 Blaidwyn ter Practice ' Workshop	23	24 SHAFT ARTICLES DUE!	25 - Archery
29 Blaidwyn ter Practice ' Workshop	30	31	
<u>Regular Activities Listings</u> Pages 9 and 12 have more regular activities information.			

Regular Activities

Blaidwyn Dance Practice Every Monday starting at 6:00pm outside Carlisle Gym. We alternate between court dance and belly dance. The first and third Monday is court dance. Bring a drum on the second and forth Monday for belly dance. *Contact: Lady Dovey by email at alzarqa13@yahoo.com.*

Blaidwyn Populace Meeting 1st Tuesday of every month, 7:00pm at the Frontier Restaurant across from UNM at Central and Cornell. All are welcome to this business meeting for the College. *Contact: Lord Rab, 362-6032 or by email at sca@unm.edu.*

Court Dance Practice Our next Court Dance practices are on August 19 and 26 at Bataan Park from 12:00 to 2:00 pm. Everyone age 7 and up is welcome. There are also court dance practices at UNM on the 3rd floor of the SUB, every other Monday evening with Lady Dovey. Please see the article in this issue for further details. *For more info, contact Lady Jayne at krega@aps.edu or 293-7453 or join our free discussion list: http://groups.yahoo.com/group/alBarranMusic_Dance/*

Gammer Gurton's Needle The study and application of embroidery, lace, and other needlework techniques. GGN meets on the 1st and 3rd Mondays. *Contact: Lady Rosamond at 865-9082 or ldyrosamond@msn.com OR THL Delia the Rose of Thorncastle at 232-7946 or HLDelia@aol.com.*

al-Barran Youth Team This team has regularly scheduled team meetings to discuss youth activities, plans and important information for youth and parents in al-Barran. There is also a local discussion list for al-Barran youth, parents and volunteers. To join this free yahoo discussion list, go to http://groups.yahoo.com/group/al-Barran_Youth_and_Parents/. *Please contact Lady Jayne at krega@aps.edu or 293-7453 for further information.*

Scribes' Workshop Learn the art of Calligraphy and Illumination. Scribes gather weekly at 6 p.m. on Wednesdays. Location is the workshop of Baron Sebastian and THL Alexandra. Please call ahead (256-1906) for directions and to make sure the workshop will be held that night.

Intro to Bellydancing for Timid Folk Mondays from 6:30 to 8:30 pm at 410 Columbia SE. *Contact Lady Saelomon at 265-5319 or spitfiyre@yahoo.com for more information.*

Mountain Pas' and Highland Games

Shire of Drygestan

September 22, 2007

Site opens at 9 am and closes at 5 pm

Site fee is \$4.00 for members; \$7.00 for non members

Fighters are requested to bring an item for the prize table

List opens at 9am; Tourney begins at 10am

North Mesa picnic grounds (City of Los Alamos, NM)

We humbly ask that you join us on this day for the beautiful changing of the autumn leaves for a day of fighting, fun, friendship and whimsy! All who attend are requested to show plenty of fancy and pageantry, don their best clothes and trappings and bring a sense of fun! On this day we will hold a Heavy Weapons Tourney to be fought with sword, dagger, ax and spear (no shields will be allowed). Each fighter shall have a crest upon his helm, dress in their finest fighting garb, bring a shield or banner to display their arms around the tourney field and bring a herald to give them a grand and glorious introduction onto the tourney field.

This grand tournament will be a "Passage of Arms" to test the mettle of any who are brave enough to challenge the elevation of the Mountain Pas' and stand with honor before their Peers to meet the challenges set before them and earn the right to be The Champion of the Mountain Pas'!

It is our hope to challenge and inspire our fighters to great feats of skill, honor, pageantry, and remind them that humor and whimsy are also desirable qualities for any noble. There will be pixies and other woodland creatures about who will be watching closely for the best death and other things...and remember we want humor and whimsy.

A donation lunch shall be provided.

The Highland games are open to all and will start at 1 pm
Games will include: Sheep throwing, Rolling pin toss, Pinata Jousting, Bocce Ball, The Cinderella's slipper just to name a few. If you have a game you would like to bring to add to the fun please feel free to do so.

Directions to the site will be listed in the September issue.

Autocrat: Lady Elanor O'Halloraine (aka Dreamweaver)

lady.dreamweaver@att.net, 505-662-2230

Co-Autocrat: Lady Maria Del Gato

Fighting Coordinator: Lady Dairine of Oak Hill

Making a Simple Shield Basket

By Lord Brennainn MacDuffie

What you will need:

Plastic: about a 12" x 18" sheet; I don't recommend less than 3/16" thick

A jigsaw with bit

A felt tip marker

A drill and 2 sized drill bits (I used $\frac{1}{2}$ and $\frac{1}{4}$ inch)

A bolt about 6" long, washer and nut

A length of 1" pipe about 5 $\frac{1}{4}$ " long

A file or a scraper

A pair of pliers

A pair of gloves

A piece of paper

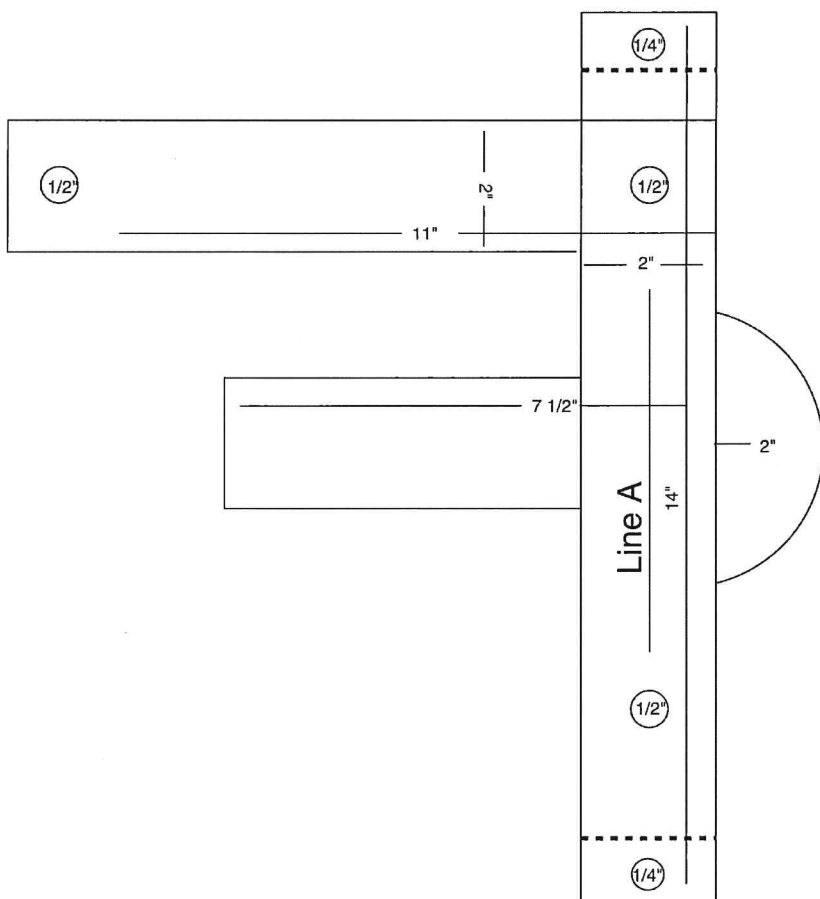
First plot out the basket pattern on your piece of paper. If you have especially large or small hands, it is simple to change the pattern to fit your needs. Using a marker, transfer the pattern to your plastic. Try to remember to mark the holes as well. Drill your holes. Using the jigsaw cut out the basket. Use a scraper or file to take the burr off of the edge of the plastic (some people use a torch to round the edges, this works as well.) If the plastic came from a barrel, now is a good time to wash it. Heat your oven to around 200 degrees. Bake the plastic.

I used HDPE or barrel plastic for this project. I let the plastic heat till it was pliable, but not floppy. Now is a good time to get your gloves on and fill a sink with water. Bend line A into a "U" shape. Fold line B down. Fold line C over B to get the holes to line up. Put the bolt through the 3 holes with the PVC as a handle in the middle. Use the washer and nut to tighten the assembly down. Bend the tabs back on line A (I use pliers for this part.) When you have the entire piece shaped the way you want it place it in the sink of cold water to cool everything down.

You should have a very simple shield basket. If you have any questions, please feel free to ask me at fighter practice.

Thanks to my talented wife for helping me make the line drawing legible.





Pattern reduced to fit page
For more information contact Brennainn MacDuffie
at (505) 299-0950 or blackrabbit1228@msn.com

Sprains and Strains

By Tiarna Seoan mac Ruaidhri Ui Ceallachan, Baronial Surgeon

Sprains and strains are probably the most common injuries on the field. These injuries can range from minor twinges that can be walked off, to serious joint and soft tissue injuries that require surgical repair.

Overview

The body is meant to move. Muscles allow that movement to happen by contracting and making joints flex, extend and rotate. Muscles attach on each side of the joint to bone by thick bands of fibrous tissue called tendons. When a muscle contracts, it shortens and pulls on the tendon, which allows the joint to go through a range of motion.

A strain occurs when the muscle tendon unit is stretched or torn. The most common reason is the overuse and stretching of the muscle. The damage may occur in three areas:

- * The muscle itself may tear.
- * The area where the muscle and tendon blend can tear.
- * The tendon may tear partially or completely (rupture).

Joints are stabilized by thick bands of tissue called ligaments which surround them. These ligaments allow the joint to move only in specific directions. Some joints move in multiple planes; therefore, they need more than one group of ligaments to hold the joint in proper alignment. The ligaments are anchored to bone on each side of the joint. If a ligament is stretched or torn, the injury is called a sprain.

Causes of Sprains and Strains

Sprains and strains occur when the body is put under stress. In these situations, muscles and joints are forced to perform movements for which they are not prepared or designed to perform. An injury can occur from a single stressful incident, or it may gradually arise after many repetitions of a motion.

Symptoms of Sprains and Strains

The first symptom of a sprain or strain injury is pain. Other symptoms, such as swelling and spasm, can take time (from minutes to hours) to develop.

* Pain is always a symptom that indicates that there is something wrong with the body. It is the message to the brain that warns that a muscle or joint should be protected from further harm. In work, exercise, or sport, the pain may come on after a specific incident or it may gradually progress after many repetitions of a motion.

* Swelling almost always occurs with injury, but it may take from minutes to hours to be noticed. Any time fibers of a ligament, muscle, or tendon are damaged, some bleeding occurs. The bleeding (such as bruising on the surface of the skin) may take time to be noticed.

Because of pain and swelling, the body starts to favor the injured part. This may cause the muscles that surround the injured area to go into spasm. Hard knots of muscle might be felt near the site of the injury.

The combination of pain, swelling, and spasm causes the body to further protect the injured part, which results in difficulty with use. Limping is a good example of the body trying to protect an injured leg.

Treatment of Sprains and Strains

Self-Care

Initial treatment for sprains and strains should occur as soon as possible. Remember RICE!

- * Rest the injured part. Pain is the body's signal to not move an injury.
- * Ice the injury. This will limit the swelling and help with the spasm.
- * Compress the injured area. This again, limits the swelling. Be careful not to apply a wrap so tightly that it might act as a tourniquet and cut off the blood supply.
- * Elevate the injured part. This lets gravity help reduce the swelling by allowing fluid and blood to drain downhill to the heart.

Over-the-counter (OTC) pain medications are an option. Although Surgeons acting officially under the auspices of the SCA, cannot Prescribe or administer OTC medications, here is some information that you may find useful in deciding what OTC is right for you.

Acetaminophen (Tylenol) is helpful for pain and fever but is not that good for inflammation.

Non Steroidal Anti-Inflammatory Drugs (NSAIDs) such as Ibuprofen (Motrin, Advil) or Naproxen (Aleve) would be a better choice because these medications relieve both pain and inflammation. Remember to follow the guidelines on the bottle for appropriate dose of the medicine, especially for children and teens. BEWARE! Underlying medical conditions or use of other prescription medicines may limit the use of over the counter pain medications. If you have ANY doubts or questions, consult a Doctor of Pharmacist.

When to Seek Medical Care

Sometimes you need to see a doctor for help in diagnosis and treatment. For strains or sprains, the pain can increase in the first one to two days, as the spasm surrounding the injury sets in. If after trying RICE (see Self-Care) and over-the-counter medications, the pain is not controlled or if the injury is thought to be more severe than initially believed, then a visit to a doctor is wise. A doctor's visit also is important if swelling gradually develops over a large joint, such as a hip, knee, elbow, or wrist.

Sometimes you need the help of hospital equipment and specialists. Seek care immediately in any of the following cases:

- * If you are concerned that a bone is broken or a joint is dislocated
- * If you have numbness or tingling associated with the injury (This may sig-

nify damage to a nerve.)

* If the injured part of the body is cold and discolored (This may be associated with damaged blood vessels and loss of circulation.)

Children present a special situation. Due to growing bones, muscles, and tendons, these structures can react differently to stress. Parents can be rightly concerned about possible broken bones. Injuries at joints are close to the growth plates of the long bones of the arms and legs and could affect growth and development. Remember, even if you can walk on an injured limb or move it, you may still have a broken bone. It just means that the muscles and tendons are working across the joint.

Prevention

Sprains and strains are caused by accidents. People don't plan on becoming injured, but there are some practices that may help prevent injuries. Muscles need to be warmed up before exercise and work. A stretching program is helpful in minimizing the risk of injury. Even simple tasks at work can cause painful strains if the body is not ready to do the work.

Outlook

The goal of treatment for sprains and strains is the return to the level of function that the person had before the injury. This means that the expectation is for the injury to completely heal. The time frame for recovery depends on the severity of the injury. It may take just a few days for a slight sprain of an ankle to heal, or it may take months for a knee to heal that has to be surgically reconstructed.

If you have any questions or comments, please feel free to contact me at chirurgeon@al-barran.org or by phone at 505-553-8912.



Fighter Practice - August 26

Fighter practice will be moved to UNM on 26 August to encourage attendance and participation in Blaidwyn's annual Pack Games (see page 8) This is a small event held on the campus of UNM. There will be hosting Arts and Science activities, Bardic, Rapier and Heavy combat competitions.

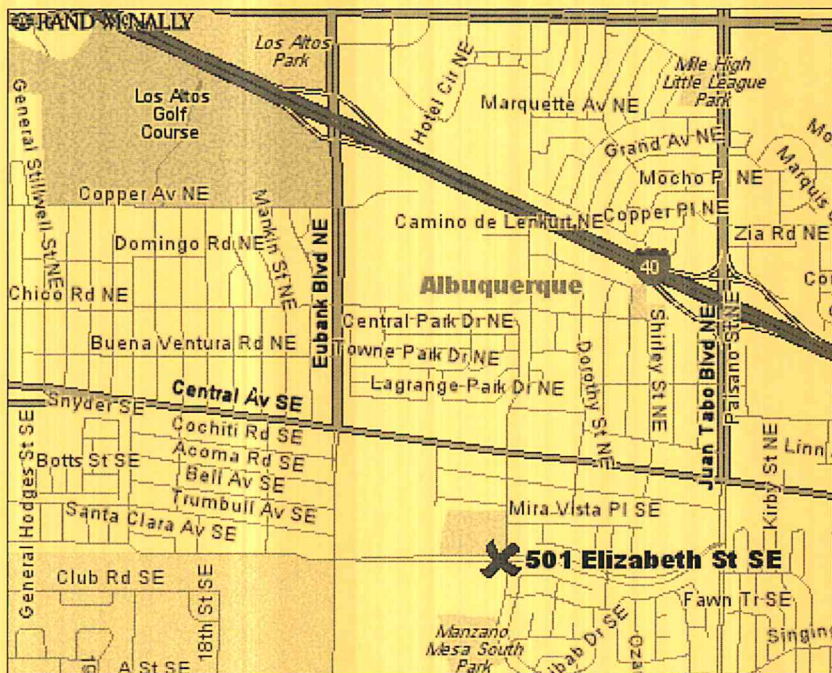
The main thrust of this event will be to showcase the fun that is the SCA and thus recruit some of the student body into the SCA. Please plan on coming out and enjoying an event at the college.

Citizen's Meeting

The Citizen's Meeting is located at the Manzano Mesa Multigenerational Center, 501 Elizabeth St SE, Albuquerque, NM. The meeting is held on the 3rd Tuesday of every month beginning at 6:30 pm. The next meeting will be on August 21st. Please contact the Seneschal, THL Y Port Lairge at 265-0161 for further information.

Driving Directions:

Take I-40 to the Eubank Blvd exit (No. 165). Turn south onto Eubank Blvd. Continue on Eubank Blvd past Central Avenue. Turn left onto Southern Avenue. The Manzano Mesa Multigenerational Center is at 501 Elizabeth St SE, Albuquerque, NM at the corner of Southern and Elizabeth.



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Web Sites

al-Barran's website: <http://www.al-barran.org> Outlands' website: <http://www.outlands.org>

Blaidwyn's website: <http://www.unm.edu/~sca/index.html> SCA's website: <http://www.sca.org>

Discussion Lists

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